

# UCCI:FIDELITY

FIDELITY: CONTINUOUS QUALITY IMPROVEMENT



Program fidelity is the principle of effective intervention most overlooked. While we have an extensive body of literature that supports the use of cognitive-behavioral interventions as an effective approach, we often pay little attention to model fidelity. Recognizing that the delivery of treatment is just as important as the type of treatment provided, the treatment fidelity principle cannot be ignored.

## **OVERVIEW**

UCCI's training on Continuous Quality Improvement (CQI) will provide a deeper look into the fidelity principle along and address key indicators and tools useful in providing CQI. Trainees will learn to measure fidelity for group interventions, individual sessions, and staff adherence to core correctional practices. This training also places heavy emphasis on the incorporation of effective coaching strategies using a CQI approach and providing feedback to those who are assessed. Trainees will have ample opportunity to practice new skills, as well as review necessary components to design an ongoing CQI process. Participants will learn how to generate a cumulative CQI report based from the practice activities completed throughout the training.

## **END USER**

The end user session is three days of training for a maximum of 18 trainees, and is outlined below.

- Day 1: Introduction to principles of effective intervention; research on fidelity and group observation; review and practice scoring group observation tool.
- Day 2: Clarify coaching/supervision; Review and practice Group Skill Development Plan tool; Review and practice CCP Observation tool; Introduce Case Planning CQI
- Day 3: Review and practice Case Planning CQI; Observe group CBI video, review and practice scoring; Group review, practice and presentation

Our goal is to provide a high-fidelity program. UCCI curricula, interventions and strategies are free to use! Our mission is to research, develop, disseminate and implement evidence-based practices in corrections. As such, we've worked with the university to offer this program at no "per-use" fee. While copyrighted property of the University of Cincinnati, training materials received in our training events include permission to photocopy resources needed to monitor fidelity.

## **CONTACT**

For more information about Continuous Quality Improvement (CQI), please contact UCCI Program Director Jennifer Scott at [Jennifer.Scott@uc.edu](mailto:Jennifer.Scott@uc.edu) or visit our website at [www.uc.edu/corrections](http://www.uc.edu/corrections).