UNIVERSITY OF CINCINNATI CORRECTIONS INSTITUTE

UCCLECCP CCP: CORE CORRECTIONAL PRACTICES



In the 1980s, Andrews and Keissling introduced Core Correctional Practices, commonly referred to as CCPs, as a way to increase the therapeutic potential of rehabilitation. Core Correctional Practices are approaches staff should utilize with participants. Research shows, if implemented properly, Core Correctional Practices can reduce recidivism by teaching participants how to engage in long-term prosocial behavior. UCCI has developed a formalized training protocol to instruct staff on these skills and their support of cognitive- behavioral programming. CCPs are relevant to direct care, security staff, and treatment staff. Specific topics addresses in training include: the principles of effective intervention, core correctional practices (relationships skills, effective use of reinforcement, effective use of disapproval, effective use of authority, prosocial modeling, cognitive restructuring, social skills training and problem solving skills), principles of effective behavior management system, and implementation of CCP. Further, Coaches and Trainers protocols have been developed to support both staff and agency sustainability of proficiency, quality, and ongoing implementation.

END USER

The end user session is two days of training for a maximum of 30 trainees, and is outlined below:

- Day 1: Intro to CCP; Review of principles of effective intervention; Introduce/practice quality interpersonal relationships, and effective reinforcement
- Day 2: Introduce/practice of effective disapproval, effective use of authority, cognitive restructuring; anticriminal modeling, structured learning/skill building, problem solving

TRAINING-OF-TRAINERS*

The training-of-trainers' session is five days of training for a maximum of 12 trainers, and is outlined below:

- Days 1-2: In depth review of CCPs and UC's 2-day end user materials
- Day 3: Teach backs to practice delivering the training components.
- Days 4-5: Newly trained trainers deliver live end-user training(s) to new agency trainees

Our goal is to provide a high-fidelity program. UCCI curricula and interventions are free to use! Our mission is to research, develop, disseminate and implement evidence-based practices in corrections. As such, we've worked with the university to offer this program at no "per-participant" fee. While copyrighted property of the University of Cincinnati, training materials received in our training events include permission to photocopy resources needed to facilitate interventions. Once trained facilitators have demonstrated proficiency, they may be eligible to participate in a training-of-trainers' program to build agency sustainability of the program.

<u>CONTACT</u>

For more information about CCP, please contact UCCI Program Director Jennifer Scott at <u>Jennifer.Scott@uc.edu</u> or visit our website at <u>www.uc.edu/corrections.</u>

