

Visual Rehearsal Protocol

<p>Material: paper, pictures, computer, printer, laminator</p> <p>Purpose: To provide individuals with personalized narratives and visual supports to enhance understanding, preparation, and successful navigation of social situations, routines, and expectations.</p>		
Staff	Student/Adult	Contingency
<p>Review target scenario</p> <ul style="list-style-type: none"> -Assessment and Objective Setting -Development and Personalization -Visualization and Preview -Practice and Reinforcement -Generalization and Review 	<p>Engage individual in the process by helping come up with choices and formats</p>	
<p><u>Assessment and Objective Setting</u></p> <p>Identify the specific social situation, routine, or behavior that the social story will address.</p> <p>Conduct an assessment to understand the individual's strengths, challenges, preferences, and needs related to the target topic.</p>		
<p><u>Development and Personalization</u></p> <p>Clarify the goals and objectives of the visual rehearsal. Determine what specific skills, concepts, or behaviors the individual needs to understand or develop in relation to the target topic.</p> <p>Write the visual rehearsal using clear, simple, and age-appropriate language. Structure the story to include descriptive sentences, perspectives of relevant characters, and positive solutions or strategies for navigating the situation. The rehearsal should be written in first or third person, never in second person (i.e. do not use the word "you" when referring to the target person).</p> <p>The visual rehearsal should include a sequence of events that will happen in the target scenario. They may describe the thoughts and feelings of the individual or other people in the scenario.</p>	<p>Assist in choosing appropriate pictures or symbols</p>	<p>Use pictures, words, or a combination of both based on the person's reading level.</p> <p>For someone with a visual impairment, ensure that the pictures and font are large enough for the person to see.</p>
<p><u>Visualization and Preview</u></p> <p>Present the visual rehearsal to the individual in a format that is accessible and engaging. Use visual supports such as pictures, drawings, photographs, or clip art to illustrate key concepts and enhance comprehension.</p> <p>Preview the target situation or behavior with the individual, discussing what to expect and how to respond using the information from the social story. This helps prepare them mentally and emotionally for the upcoming situation or routine.</p>	<p>Give feedback on layout and ease of understanding.</p>	<p>Plan for unexpected changes or certain events not to be available. Prepare the person as necessary.</p>

<p><u>Practice and Reinforcement</u> Engage the individual in practice and role-play activities related to the visual rehearsal content. Provide opportunities for them to apply the skills, strategies, and concepts learned in the story in simulated or real-life situations.</p> <p>Offer positive reinforcement and feedback as the individual demonstrates understanding and application of the visual rehearsal content. Praise their efforts and progress, and provide gentle guidance or corrections as needed to support their learning.</p>	<p>Help place schedule across settings to ensure consistency</p>	<p>Based on need, the visual rehearsal can stay in one location or move with the individual across settings.</p> <p>Create backup rehearsals in case of damage or it being misplaced.</p>
<p><u>Generalization and Review</u> Support the individual in generalizing and transferring the skills and concepts learned in the social story to different settings, contexts, and situations. Provide opportunities for them to practice and apply the skills independently.</p> <p>Periodically review and revise the social story based on the individual's progress, feedback, and changing needs. Update the story as necessary to ensure its ongoing relevance and effectiveness.</p>	<p>Review and utilize schedule throughout each day or setting</p>	<p>If the person is able, have them read the story out loud. If the person needs assistance reading, have someone read the story aloud and have the person listen.</p> <p>Initially, it is okay to model! The goal is for the individual to utilize the visual rehearsal independently, but assistance is okay if needed!</p>