

PINS: Preferences, Interests, Needs, and Strengths

Overview

Understanding people's preferences, interests, needs, and strengths is crucial for fostering self-determination, as it empowers individuals to make informed choices, pursue personal goals, and achieve a fulfilling and autonomous life.

Preferences	Interests
Write the individual's preferences here.	Write the individual's interests here.
Needs	Strengths
Write the individual's needs here.	Write the individual's strengths here.

Implementation

Implementing PINS involves collaboratively collecting information with individuals to understand their preferences, interests, needs, and strengths, and then using this information to create personalized support plans that help them make informed choices and achieve their goals.



Preferences

Interests

Needs

Strengths



Preferences

Someone's preferences are their favored choices and desires in various aspects of life, such as activities, environments, and interactions.



Interests

Someone's interests are the subjects and activities that capture their attention and enthusiasm, driving their curiosity and engagement.



Needs

Someone's needs are the essential requirements and conditions necessary for their well-being, growth, and fulfillment.



Strengths

Someone's strengths are their inherent talents, skills, and qualities that enable them to excel and succeed in various areas of life.