



Case Planning training is designed for criminal and juvenile justice staff responsible for developing and monitoring case plans. For a justice involved individual to be provided the most effective plan for rehabilitation, case plans must respond to criminogenic needs by addressing the general responsivity of a justice population, as well as the specific needs of the individual for whom the plan is created. To best attend to these general and specific needs, case planning is most effective when we consult the results of a standardized (and validated) risk/needs assessment. As such, assessment driven case planning provides an approach that customized a rehabilitation plan rather than using a one-size-fits-all approach to treatment.

### OVERVIEW

UC's approach to effective Case Planning is guided by four basic components: needs/problem areas, goals, objectives, and techniques. Identifying the need/problem areas of an individual can be done by reviewing the criminogenic risk/need assessment results. Focusing criminogenic factors is most effective when we can address the specific responsivity concerns of the individual. Goals are looking at behavior or the behavior change that we want to work on, and should be long-term outcomes. Objectives are short-term steps the individual can take to reach their long-term goal. Objectives should be specific, measurable, achievable, relevant and time-based. Finally, techniques are the steps that the officer/staff will take to support the individual in their objectives to reach their goal.

### END USER

The end user Case Plan session is one or two days of training for a maximum of 30 trainees, and is outlined below:

#### **1-Day Training** (*\*only available in conjunction with a Risk Assessment Training*)

Day 1: Refresher of "what works" in corrections; introduction to assessment-driven case planning; introduction to case plan components; demonstration/practice exercises for components; case plan development

#### **2-Day Training**

Day 1: Overview of "what works" in corrections; Overview of RNR model with relation to case planning introduction to assessment-driven case management.

Day 2: Introduction to case plan components; demonstration/practice exercises for components; case plan development; engaging/building motivation; continuous quality improvement.

Our goal is to provide a high-fidelity program. UCCI strategies are free to use! Our mission is to research, develop, disseminate and implement evidence-based practices in corrections. As such, we've worked with the university to offer this program at no "per-participant" fee. While copyrighted property of the University of Cincinnati, training materials received in our training events include permission to photocopy resources needed to case plan. Once trained facilitators have demonstrated an understanding of Case Planning concepts and applications, they may be eligible to participate in a training-of-trainers' session to build agency sustainability of the program.

### CONTACT

For more information about Case Planning, please contact UCCI at [corrections.institute@uc.edu](mailto:corrections.institute@uc.edu) or visit our website at [www.uc.edu/corrections](http://www.uc.edu/corrections).