



Motivational Interviewing (MI) is a 2-day training that provides correctional professionals a framework for the application of MI to address the responsivity variable of motivation. The training is designed to provide a framework of Motivational Interviewing and define the key characteristics of MI and how to lower resistance and increase motivation for engagement in programming. The emphasis is on foundational skill development in engagement and creating a collaborative relationship. Participants learn the traps that interfere with a productive partnership and lower offender investment.

END USER

The end user session is two days of in person training for a maximum of 24 trainees, or 4 half-days of synchronous on-line training for a maximum of 12 trainees. The training protocol covers basic MI techniques, working with difficult clients, considering the change process, moving towards a positive change, participating in the change, and reinforcing the change.

Our goal is to provide a high-fidelity program. UCCI curricula and interventions are free to use! Our mission is to research, develop, disseminate and implement evidence-based practices in corrections. As such, we've worked with the university to offer this program at no "per-participant" fee. While copyrighted property of the University of Cincinnati, training materials received in our training events include permission to photocopy resources needed to facilitate interventions. Once trained facilitators have demonstrated proficiency in using an MI approach, they may be eligible to participate in a training-of-trainers' program to build agency sustainability of the program.

CONTACT

For more information about MI, please contact UCCI at corrections.institute@uc.edu or visit our website at www.uc.edu/corrections.