

# UCCI:EPICS

EPICS: EFFECTIVE PRACTICES IN COMMUNITY SUPERVISION



The research on the principles of effective intervention, coupled with the most recent research on community supervision, provided the impetus for the development of a new model by the University of Cincinnati: Effective Practices in Community Supervision. With the EPICS model, officers follow a structured approach to client sessions.



The purpose of the EPICS model is to teach probation and parole officers how to apply the principles of effective intervention and core correctional practices specifically to community supervision practices. Probation officers are taught to increase dosage to higher risk offenders, stay focused on criminogenic needs, especially the thought-behavior link, and to use a social learning, cognitive-behavioral approach to their interactions. Training is 3-days onsite followed by 5-months of follow up coaching. The University of Cincinnati (UC) serves as the sole owner and proprietor of the copyright in the EPICS model, and UC's corresponding manual and training program.

## **OVERVIEW**

Components of the 13 module curriculum include the following:

*M1: Rationale and Foundation*

*M2: EPICS model*

*M3: Building a Collaborative Relationship*

*M4: Setting Goals*

*M5: Identifying Targets for Change*

*M6: Cost-Benefit Analysis*

*M7: Cognitive Restructuring*

*M8: Structured Skill Building*

*M9: Problem Solving*

*M10: Reinforcement*

*M11: Punishment*

*M12: Continuing to Support Behavior Change*

*M13: Summary and Fidelity Measures*

## **END USER**

The end user session is three days of in person training for a maximum of 30 trainees, or 5 half-days of synchronous on-line training for a maximum of 15 trainees. The training protocol covers an introduction to the EPICS model, collaborative relationship approaches, goal setting, effective behavior skills, cognitive-behavioral interventions, and implementation discussion.

Our goal is to provide a high-fidelity program. UCCI curricula and interventions are free to use! Our mission is to research, develop, disseminate and implement evidence-based practices in corrections. As such, we've worked with the university to offer this program at no "per-participant" fee. While copyrighted property of the University of Cincinnati, training materials received in our training events include permission to photocopy resources needed to facilitate interventions. Once trained facilitators have demonstrated proficiency, they may be eligible to participate in a training-of-trainers' program to build agency sustainability of the program.

## **CONTACT**

For more information about EPICS, please contact UCCI at [corrections.institute@uc.edu](mailto:corrections.institute@uc.edu) or visit our website at [www.uc.edu/corrections](http://www.uc.edu/corrections).