

## CECH Inclusive Excellence Weekly Update

### Hate Crimes Against the Asian American Community

- On March 16th 2021, a multiple tragedies occurred in Atlanta, marking just the latest major incident of violence suffered by Asian American communities. According to a recent report, hate crimes targeting Asian Americans have surged over 150% in major cities in the last year, with nearly 3,800 reports since last March, and is disproportionately effecting women and nonbinary people. We stand in support with the members of the AAPI community and strive for higher levels of social justice in our country.

### WHY DEI?

- DEI stands for Diversity, Equity, and Inclusion. This is a monthly reminder brought to you by the CECH DEI Board encouraging you to explore a topic related to diversity, equity, and inclusion.
- March is **Women's History Month**. Take a moment to [view our March WHY DEI slideshow here](#) and see snapshots of women who are shaping history both in the world and in our college.

### Upcoming Events


#### **CECH Common Read**

- The [CECH Common Read](#) is a collaboration between the CECH Diversity Board and the CECH Library to give the opportunity to expand our knowledge and understanding around culture, power, words, disruptive empathy, authenticity, mutuality, the meaning of race, and enlarging our vision of human possibility.
- We invite you to pick up a copy of *When Getting Along Is Not Enough*, by [Dr. Maureen Walker](#), outside of the CECH Library's front doors. Look for a table across from Teachers Café on the 3rd floor of the Teachers-Dyer Complex.
- Dr. Maureen Walker, the author, is kicking off the CECH Common Read and presenting to CECH faculty & staff on **April 15th**. [RSVP here for the Author Talk](#) to learn about her experiences and findings that encouraged her to write this book.

- Book Pickup: March 17th - 31<sup>st</sup> from 11 AM - 4 PM; M-F only.
- Contact the [CECH Library](#) if you would like a book after March 31st.
- [Directions](#) to CECH Library.

### Virtual Workshop Series

- The Love U Give is a virtual workshop series that will consist of three 90 minute live streamed sessions via Zoom. The mission of The Love U Give is to bridge and empower people and environments that support Black youth. Workshops will be interactive and will focus on the wellness of Black youth. [Register here for FREE!](#)
- Workshop Schedule:
  - **April 14th, 12 PM:** Mental and Sexual Health
  - **May 19th, 12 PM:** Medical Mistrust in the Black Community and Getting the Most Out of Your Medical Visits
  - **June 2nd, 12 PM:** Maintaining Healthy Relationships and Community Forum



**EMBRACING  
THE WELLNESS  
OF BLACK  
YOUTH**

**A VIRTUAL WORKSHOP SERIES**

**WORKSHOP 1: APRIL 14TH**  
12 PM | Mental and Sexual Health in the Black Community

**WORKSHOP 2: MAY 19TH**  
12 PM | Medical Mistrust in the Black Community and Getting the Most Out of Your Medical Visits

**WORKSHOP 3: JUNE 2ND**  
12 PM | Maintaining Healthy Relationships and Community Forum

**Registration: [tiny.cc/TheLoveUGive2021](https://tiny.cc/TheLoveUGive2021)**

Questions? Contact T'Keyah Grier at [grierta@ucmail.uc.edu](mailto:grierta@ucmail.uc.edu)



WITH SUPPORT FROM THE OHIO DEPARTMENT OF HEALTH

### Kacher-Bloom Memorial Scholarship

- This scholarship is in recognition and remembrance of former UC students Margaret "Meg" Kacher and Sheri Ann Bloom. In 1985, UC suffered the loss of both of these promising young women to untimely deaths. The recipients of this scholarship exhibit the

core beliefs of these to alumnae: academic excellence, civil engagement, and pride in being a Bearcat.

- The 2021-22 award will be \$2,500.
- Eligibility requirements include:
  - Current full-time junior at UC (with at least 90 credits at the end of the Spring 2021 semester)
  - Excellence in academics (minimum cumulative 3.0 GPA)
  - Devotion to student activities and community service
  - Strong sense of loyalty and commitment to the University of Cincinnati
  - The top five applicants for the scholarship will go through a final interview
- To apply for the Kacher-Bloom Memorial Scholarship, please [click on the link here](#) to submit your resume, a letter of recommendation, and a 500-750 word essay answering the question, “What lessons have you learned as a student at the University of Cincinnati that will help you once you graduate?” The application deadline is **Sunday, April 18, 2021**. If you have any questions regarding the application process, please contact [Justin Gibson](#), Program Director for Diversity Outreach and Engagement.

#### **Dissolving Division Conference**

- The 2021 Dissolving Division Conference has been postponed until April 24<sup>th</sup>. There is still time to register and submit workshop proposals until April 1st. If you have questions, please contact Akua Wilson at [wilso3au@mail.uc.edu](mailto:wilso3au@mail.uc.edu).
- [Click here to register for the Dissolving Division 2021 Conference](#)
- [Click here if you are interested in leading a workshop](#)

#### **Congratulations to the CECH Diversity Board**

- The CECH Diversity, Equity & Inclusion Board has been selected to receive the 2021 Marian Spencer Equity Ambassador Award for an organization. Named for the celebrated civil rights activist, this award is designed to showcase current campus-affiliated individuals and groups whose efforts related to diversity, equity, and inclusion have had a positive impact on the university.
- Mark your calendar for April 7 from 1-2 PM when members of the campus community will gather virtually for the 2021 Marian Spencer Equity Ambassador Awards Celebration.



### **Work and Volunteer Opportunities**

#### **Breakthrough Cincinnati Teaching Fellow**

- Breakthrough Cincinnati is seeking UC students to join their summer Teaching Fellow team. If you are interested in:
  - Inspiring the next generation of college going middle school students
  - Social justice issues (equity, education, etc.)
  - Finding a network of support and career options
  - Boosting student confidence in academics and life skills
- Please email Dr. Tiffany Dolder-Holland, Program Director (tiffany@breakthroughcincinnati.org) before April 9 and she will send you a link to apply to a transformative summer service experience.

### **Ongoing Opportunities**

#### **Diversity, Equity & Inclusion Board Meeting**

- Here is the [February 2021 DEI Agenda](#) and [February DEI Agenda Notes](#)

#### **CECH Graduate Student Support Groups**

- CECH graduate peer support groups aim to create an inclusive community that supports each other's identities, mental well-being, and day-to-day lives through peer-facilitated groups. Weekly group meetings are led by trained students to address and promote students' emotional and mental well-being in an accessible, confidential, and inclusive environment.
  - Join us on **Tuesdays from 5-6 pm** [on WebEx here](#)



### **Standing Against Racial Injustice: Commanding Our Voices**

- Rose Robinson, Executive Director at CMD-IT, moderates a great panel discussion with Black professionals from industry:
- A video recording of the “Standing Against Racial Injustices” conversation series organized by the [Center for Minorities and People with Disabilities in IT \(CMD-IT\)](#) is [now available here](#).

### **Inclusive Excellence Workshops Spring 2021**

- **Introduction to the Office of Gender Equity & Inclusion (OGEI)**
  - Facilitator: Ashely McWhorter
  - April 1, 12 PM – 1. [Register Here](#)
- **New Title IX Regulations: What Are They? (OGEI)**
  - Facilitator: Ashely McWhorter
  - April 6, 2 PM – 3. [Register Here](#)
- **Supportive Measures: How Can I Help? (OGEI)**
  - Facilitator: Ashely McWhorter
  - April 12, 10 AM – 11. [Register Here](#)
- **Inclusion Advocacy in Support of Equitable Hiring Processes (OEOA)**
  - Facilitators: Karla Phillips & Randy Lytes
  - April 15, 2 PM – 3:30. [Click here to register](#)
- **SAAM (Sexual Assault Awareness Month) is Nonbinary**
  - Facilitators: Alexa Justice and Rhyannon Baxter
  - April 27, 3-4 p.m., in WebEx. [Register Here](#)

### **Mental Health Matters**

- Below is a collection of recent mental health educational materials, opportunities, resources and much more. Please share with your peers as you wish. The continued goals of sharing resources are to decrease stigma around mental health and to empower individuals through knowledge and conversation. Take care of yourselves, CECH community. Your mental health matters – today, tomorrow, next month and *always!*

- **Podcasts:**
  - [In The Open Podcast](#) – Open conversations about mental health and changing the way communities discuss mental health.
  - [More podcasts on mental health](#)
- **Blogs:**
  - [How the Equality of Peer Support Helped Me](#)
  - [5 Things Employers Need To Know From The Mind The Workplace 2021 Report](#)
  - [Confronting Barriers And Systemic Racism To Address Mental Health Among Black Youth](#)
  - [Communities Are Taking The Journey To Mental Wellbeing](#)
  - [6 Major Takeaways From MHA's 2020 Screening Data](#)
  - [More blogs from Mental Health America](#)
- [CECH Mental Health Resource Guide](#) - Follow this [link](#) for community resources, educational content, podcasts and much more.
- **Quick Resources:**
  - [CAPS](#) – The University Counseling and Psychological Services for students. Call 513-556-0648 to schedule an initial consultation.
  - [Crisis](#) – If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
  - [Faculty/Staff](#) – Helping Students in Crisis Through CAPS
  - [Impact Solutions \(UC's EAP\)](#) - Faculty and staff mental wellness resources and services.
  - [Inclusive Therapists](#) – Inclusive Therapists offers a safer, simpler way to find a culturally responsive, social justice-oriented therapist.
  - [Psychology Today](#) – Connect with a licensed mental health professional in your community.
- **Crisis Resources:**
  - If you or someone you know is in an emergency, call **911** immediately.
  - [Faculty/Staff – Helping Students in Crisis Through CAPS](#)
  - If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at **1-800-273 TALK (8255)**
  - You can also text **NAMI to 741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line.
  - [Know the Warning Signs and Risk Factors of Suicide](#)

### **Resources!!!**

[March PSA](#)

[AACRC Newsletter](#)

[EPS Newsletter](#)

[Changing Times Newsletter](#)

