



## **CECH Inclusive Excellence Weekly Update**

### **Summer WHY DEI?**

- DEI stands for Diversity, Equity, and Inclusion. This is a monthly reminder brought to you by the CECH DEI Board encouraging you to explore a topic related to diversity, equity, and inclusion.
- Take a moment to [view our Summer WHY DEI newsletter](#) and discover fun ways you can stay engaged in DEI over the summer. If you are interested in joining our WHY DEI creation and editing team for the 2021-2022 school year, email [Daniele Bond](#).

### **Upcoming Events**

#### **Mental Health Stigmas in the Black Community**

- Join licensed social worker and therapist Brandi Rahim as we explore how to have productive conversations around mental health in the Black community, build confidence and coping skills for life's ups and downs, and learn how to put our mental well-being first. This virtual workshop will take place on May 12th from 6-7:30 PM. [Click here](#) to register.

#### **Talking to your Kids about Race**

- You are invited to a virtual town hall meeting hosted by Beech Acres on May 13th from 5-6 PM to learn practical skills on how to talk to children about race. [RSVP here](#) for this Zoom event.

### **Work and Volunteer Opportunities**

#### **Assistant Director of Recruitment**

- The Lindner Enrollment Team is seeking a new team member for the role Assistant Director of Recruitment to oversee the planning and implementation of recruitment strategies for targeted student populations. You can find the [detailed posting here](#).

### **Academic Advisor for the College of Arts and Sciences**

- The Arts and Sciences advising staff is responsible for orientation, retention, academic advising, and the evaluation and maintenance of student records, including degree certification for undergraduate students. For more information and to apply, [click here](#).

### **Academic Services Administrator**

- The Learning Commons is hiring an Academic Services Administrator for the Learning Community program. Previously titled Educational Adviser, this position works directly with the Peer Leader and Peer Facilitator programs on campus. If you have an interest in First-Year Experience work and are looking to engage with a great team of student staff members, this position is for you. Job posting [available here](#). For questions please reach out to [Stacey Martin](#).

### **UC Libraries Internship**

- UC Libraries will be participating in a DEI program through OhioLINK (the OhioLINK Workforce Diversity Initiative...now known as OhioLINK Luminaries Program).
- This program is intended to help libraries recruit and retain a diverse and inclusive staff that mirrors its communities; to create workforce development that can attract support from communities, state, and local government; and most importantly, give training, mentorship, opportunities and support for the students and the mentors.”
- Here is the [OhioLINK Luminaries Program Application](#)
- For questions, please email [Craig Person](#) or [Regina Bourne](#).

### **Ongoing Events**

#### **Diversity, Equity & Inclusion Board Meeting**

- Here is the [March 2021 DEI Agenda](#) and [March 2021 DEI Agenda Notes](#)

### **CECH Graduate Student Support Groups**

- CECH graduate peer support groups aim to create an inclusive community that supports each other's identities, mental well-being, and day-to-day lives through peer-facilitated groups. Weekly group meetings are led by trained students to address and promote students' emotional and mental well-being in an accessible, confidential, and inclusive environment. Join us on **Tuesdays from 5-6 pm** [on WebEx here](#)



### Free Children's Books

- The Ohio Governor's Imagination Library will send a free book in the mail every month to any child in Ohio under the age of five. Parents only need to enroll their child online at [ohioimaginationlibrary.org](http://ohioimaginationlibrary.org). There are no income restrictions for participants.
- If you live in other states besides Ohio please visit [click here](#) to see if there is an Imagination Library affiliate near you!

### Virtual Workshop Series

- The Love U Give is a virtual workshop series that will consist of three 90 minute live streamed sessions via Zoom. The mission of The Love U Give is to bridge and empower people and environments that support Black youth. Workshops will be interactive and will focus on the wellness of Black youth. [Register here for FREE!](#)
- Workshop Schedule:
  - **May 19th, 12 PM:** Medical Mistrust in the Black Community and Getting the Most Out of Your Medical Visits
  - **June 2nd, 12 PM:** Maintaining Healthy Relationships and Community Forum

### Eviction Resources

- If you are facing eviction from an apartment or rented home, Hamilton County Job & Family Services can provide you with federal funding that will pay up to 12 months of past-due rent and utilities and pay for up to 3 future months. Applicants must be Hamilton County residents. Email [hamil\\_caresfunding@jfs.ohio.gov](mailto:hamil_caresfunding@jfs.ohio.gov) or submit an application. Application and more information can be found [here](#).

### Mental Health Matters

This week we share perspective on isolation, podcasts, books and more. Have you read, watched or witnessed something on mental health lately that resonated with you?

Your mental health matters – today, tomorrow, next month and *always*!

- **Creative Perspective**
  - [CCM Idea Lab: It's Good to See You Again](#)
- **Readings**

- [\*The Fire Next Time\*](#) by James Baldwin
- [\*Burnout\*](#) by Emily Nagoski
- **Podcasts**
  - [Mental Matters](#) – “A podcast for all things Black men, mental health and toxic masculinity”
  - [Dear Therapists](#) – “...be a fly-on-the-wall and listen to their personal, raw, transformative sessions, where they share behind-the-scenes insights, offer actionable advice, and bring people back to find out what worked (or didn’t)—and what we can all learn about ourselves through the lens of others.”
- **Blogs**
  - [How Employees Can Advocate For Better Workplace Mental Health](#)
  - [My Psychosis Worsens My Imposter Syndrome](#)
  - [Confronting Barriers And Systemic Racism To Address Mental Health Among Black Youth](#)
- **Quick Resources**
  - [CECH Mental Health Resource Guide](#)
  - [CAPS](#) – The University Counseling and Psychological Services for students. Call 513-556-0648 to schedule an initial consultation.
  - [Crisis](#) – If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
  - [Faculty/Staff](#) – Helping Students in Crisis Through CAPS
  - [Impact Solutions \(UC’s EAP\)](#) - Faculty and staff mental wellness resources and services.
  - [Inclusive Therapists](#) – Inclusive Therapists offers a safer, simpler way to find a culturally responsive, social justice-oriented therapist.
- **Crisis Resources**
  - If you or someone you know is in an emergency, call **911** immediately.
  - [Faculty/Staff – Helping Students in Crisis Through CAPS](#)
  - If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at **1-800-273 TALK (8255)**
  - You can also text **NAMI to 741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line.
  - [Know the Warning Signs and Risk Factors of Suicide](#)

### **Resources!!!**

[April PSA](#)

[AACRC Newsletter](#)

[EPS Newsletter](#)

[Changing Times Newsletter](#)