

# **CECH Inclusive Excellence Weekly Update**

# **Hate Crimes Against the Asian American Community**

• On March 16th 2021, a multiple tragedies occurred in Atlanta, marking just the latest major incident of violence suffered by Asian American communities. According to a recent report, hate crimes targeting Asian Americans have surged over 150% in major cities in the last year, with nearly 3,800 reports since last March, and is disproportionately effecting women and nonbinary people. We stand in support with the members of the AAPI community and strive for higher levels of social justice in our country.

## WHY DEI?

- DEI stands for Diversity, Equity, and Inclusion. This is a monthly reminder brought to you by the CECH DEI Board encouraging you to explore a topic related to diversity, equity, and inclusion.
- March is Women's History Month. Take a moment to view our March WHY DEI
   slideshow here and see snapshots of women who are shaping history both in the world
   and in our college.

## **Upcoming Events**

## **New Functional Area for Identity and Inclusion**

- UC's SA (Student Affairs) units, grouped together under the program header of Retention and Inclusion, revealed students and campus community members agreed that a more closely aligned functional area for our individual identity-based units was necessary in order for them to be well equipped programmatically and organizationally to enhance services and support for their various constituents.
- The current identity-based units will remain as stand-alone departments with a stronger alignment of purpose, collaborations and shared vision. Their individual histories are important pieces of our tapestry within the Division of Student Affairs and the university.
- Dr. Brandi Elliott will serve as the inaugural Executive Director of Identity & Inclusion. In recognition of the unique qualifications and expertise we already have to fill this role, she brings over 15 years of experience in diversity, multicultural, and inclusion

work at the University of Cincinnati. As part of Dr. Elliott's new role, she will continue to serve as Chair of the Division's Equity & Inclusion Council.

# Free Certificate in Diversity, Equity and Inclusion

• The USF College of Business is offering a free virtual 7 week certificate course on Diversity, Equity and Inclusion in the Workplace. This certificate program runs March 24th - May 5th, with seven two-hour live modules. If you are interested, please <u>click here</u> click here for more information. Email Lorie Briggs at <u>lbriggs@usf.edu</u> with questions.

#### **Dissolving Division Conference**

- The 2021 Dissolving Division Conference has been postponed until April 24<sup>th</sup>. There is still time to register and submit workshop proposals until April 1st. If you have questions, please contact Akua Wilson at wilso3au@mail.uc.edu.
- Click here to register for the Dissolving Division 2021 Conference
- Click here if you are interested in leading a workshop

# Congratulations to the CECH Diversity Board

- The CECH Diversity, Equity & Inclusion Board has been selected to receive the 2021
  Marian Spencer Equity Ambassador Award for an organization. Named for the celebrated
  civil rights activist, this award is designed to showcase current campus-affiliated
  individuals and groups whose efforts related to diversity, equity, and inclusion have had a
  positive impact on the university.
- Mark your calendar for April 7 from 1 2 PM when members of the campus community will gather virtually for the 2021 Marian Spencer Equity Ambassador Awards Celebration.



# **Work and Volunteer Opportunities**

# Diversity Internship with the Sixth Circuit Court of Appeals

- The Sixth Circuit Court of Appeals is accepting applications for a full-year Diversity Intern opportunity with the federal judiciary. Intern will assist with the groundbreaking Inclusion, Diversity, Education, and Advancement (IDEA) Initiative
- Internship is paid full-time during the summer of 2021, and part-time during the academic year.
- Must be a rising junior or senior for the 2021-2022 academic year. Preference given to first generation college students, but ALL are encouraged to apply.
- Applications due by March 24th. If you have questions, contact Mandy Shoemaker at mandy\_shoemaker@ca6.uscourts.gov

## **Ongoing Opportunities**

#### 7th Annual CECH Diversity Research Day

- Our first ever virtual Diversity Research Day took place on Wednesday, February 24, 2021. Thank you to all of the presenters, attendees, and team members that made this day possible!
- Posters will be available on Canvas until March 24, 2021.
  - o If you are INTERNAL to UC click here to view and interact with posters
  - o Recording of the event will be made available soon.

# Diversity, Equity & Inclusion Board Meeting

• Here is the February 2021 DEI Agenda and February DEI Agenda Notes

#### **CECH Graduate Student Support Groups**

- CECH graduate peer support groups aim to create an inclusive community that supports
  each other's identities, mental well-being, and day-to-day lives through peer-facilitated
  groups. Weekly group meetings are led by trained students to address and promote
  students' emotional and mental well-being in an accessible, confidential, and inclusive
  environment.
  - o Join us on Tuesdays from 5-6 pm on WebEx here



# Standing Against Racial Injustice: Commanding Our Voices

- Rose Robinson, Executive Director at CMD-IT, moderates a great panel discussion with Black professionals from industry:
- A video recording of the "Standing Against Racial Injustices" conversation series organized by the <u>Center for Minorities and People with Disabilities in IT (CMD-IT)</u> is now available here.

# **Inclusive Excellence Workshops Spring 2021**

- LGB, But Where's the T? An Exploration of Resources for Trans and Nonbinary UC Community Members (OEI)
  - o Facilitator: Alexa Justice & Matt Nguyen
  - o March 25, 10 AM 11:30. Click here to register
- Introduction to the Office of Gender Equity & Inclusion (OGEI)
  - o Facilitator: Ashely McWhorter
  - April 1, 12 PM 1. Register Here
- New Title IX Regulations: What Are They? (OGEI)
  - o Facilitator: Ashely McWhorter
  - o April 6, 2 PM 3. Register Here
- Supportive Measures: How Can I Help? (OGEI)
  - o Facilitator: Ashely McWhorter
  - o April 12, 10 AM 11. Register Here
- Inclusion Advocacy in Support of Equitable Hiring Processes (OEOA)
  - o Facilitators: Karla Phillips & Randy Lytes
  - o April 15, 2 PM 3:30. Click here to register

## **Mental Health Matters**

- Below is a collection of recent mental health educational materials, opportunities, resources and much more. Please share with your peers as you wish. The continued goals of sharing resources are to decrease stigma around mental health and to empower individuals through knowledge and conversation. Take care of yourselves, CECH community. Your mental health matters today, tomorrow, next month and *always*!
- We binars:
  - Listening to Young People to Transform Mental Health
     Tuesday, March 23, 2021
     2:00 pm ET / 11:00 am PT
- Podcasts:
  - In The Open Podcast Open conversations about mental health and changing the way communities discuss mental health.
  - o More podcasts on mental health
- Blogs:
  - o How the Equality of Peer Support Helped Me
  - 5 Things Employers Need To Know From The Mind The Workplace 2021 Report

- Confronting Barriers And Systemic Racism To Address Mental Health Among Black Youth
- o Communities Are Taking The Journey To Mental Wellbeing
- o 6 Major Takeaways From MHA's 2020 Screening Data
- o More blogs from Mental Health America
- <u>CECH Mental Health Resource Guide</u> Follow this <u>link</u> for community resources, educational content, podcasts and much more.

#### • Quick Resources:

- <u>CAPS</u> The University Counseling and Psychological Services for students. Call 513-556-0648 to schedule an initial consultation.
- <u>Crisis</u> If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
- <u>Faculty/Staff</u> Helping Students in Crisis Through CAPS
- Impact Solutions (UC's EAP) Faculty and staff mental wellness resources and services.
- Inclusive Therapists Inclusive Therapists offers a safer, simpler way to find a culturally responsive, social justice-oriented therapist.
- <u>Psychology Today</u> Connect with a licensed mental health professional in your community.

## • Crisis Resources:

- o If you or someone you know is in an emergency, call 911 immediately.
- o Faculty/Staff Helping Students in Crisis Through CAPS
- If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
- You can also text NAMI to 741-741 to be connected to a free, trained crisis counselor on the Crisis Text Line.
- Know the Warning Signs and Risk Factors of Suicide Resources!!!

March PSA

**AACRC Newsletter** 

**EPS Newsletter** 

Changing Times Newsletter