

CECH Inclusive Excellence Weekly Update

WHY DEI?

- DEI stands for Diversity, Equity, and Inclusion. This is a monthly reminder brought to you by the CECH DEI Board encouraging you to explore a topic related to diversity, equity, and inclusion.
- March is **Women's History Month**. Take a moment to [view our March WHY DEI slideshow here](#) and see snapshots of women who are shaping history both in the world and in our college.

Upcoming Events

New Functional Area for Identity and Inclusion

- UC's SA (Student Affairs) units, grouped together under the program header of Retention and Inclusion, revealed students and campus community members agreed that a more closely aligned functional area for our individual identity-based units was necessary in order for them to be well equipped programmatically and organizationally to enhance services and support for their various constituents.
- The current identity-based units will remain as stand-alone departments with a stronger alignment of purpose, collaborations and shared vision. Their individual histories are important pieces of our tapestry within the Division of Student Affairs and the university.
- Dr. Brandi Elliott will serve as the inaugural Executive Director of Identity & Inclusion. In recognition of the unique qualifications and expertise we already have to fill this role, she brings over 15 years of experience in diversity, multicultural, and inclusion work at the University of Cincinnati. As part of Dr. Elliott's new role, she will continue to serve as Chair of the Division's Equity & Inclusion Council.

Annual Black Feminist Symposium - UC Women's Center

- The University of Cincinnati and Women's Center presents our annual [Black Feminist Symposium](#). This year we are presenting a series format from February 3rd - March 12th, 2021
- Theme - *Radical Rest: Intersectionality, Healing, and Love for Black Womxn.*

- The series is free and open to the public. Registration is required to attend, please follow this [link to register](#).

Dissolving Division Conference

- The 2021 Dissolving Division Conference has been postponed until April 24th. There is still time to register and submit workshop proposals until April 1st. If you have questions, please contact Akua Wilson at wilso3au@mail.uc.edu.
- [Click here to register for the Dissolving Division 2021 Conference](#)
- [Click here if you are interested in leading a workshop](#)

Marian Spencer Equity Ambassador Awards Celebration

- You are invited to the Marian Spencer Equity Ambassador Awards Celebration. Save the date for April 7th, 2021. More details to come!



Work and Volunteer Opportunities

Diversity Internship with the Sixth Circuit Court of Appeals

- The Sixth Circuit Court of Appeals is accepting applications for a full-year Diversity Intern opportunity with the federal judiciary. Intern will assist with the groundbreaking Inclusion, Diversity, Education, and Advancement (IDEA) Initiative
- Internship is paid full-time during the summer of 2021, and part-time during the academic year.
- Must be a rising junior or senior for the 2021-2022 academic year. Preference given to first generation college students but ALL are encouraged to apply.
- Applications due by March 24th. If you have questions, contact Mandy Shoemaker at mandy_shoemaker@ca6.uscourts.gov

Ongoing Opportunities

7th Annual CECH Diversity Research Day

- Our first ever virtual Diversity Research Day took place on Wednesday, February 24, 2021. Thank you to all of the presenters, attendees, and team members that made this day possible!
- Posters will be available on Canvas until March 24, 2021.
 - If you are INTERNAL to UC [click here](#) to view and interact with posters
 - Recording of the event will be made available soon.

Diversity, Equity & Inclusion Board Meeting

- Here is the [February 2021 DEI Agenda](#) and [February DEI Agenda Notes](#)

CECH Graduate Student Support Groups

- CECH graduate peer support groups aim to create an inclusive community that supports each other's identities, mental well-being, and day-to-day lives through peer-facilitated groups. Weekly group meetings are led by trained students to address and promote students' emotional and mental well-being in an accessible, confidential, and inclusive environment.
 - Join us on **Tuesday from 5-6 pm** [on WebEx here](#)
 - Or join us on **Thursday from 1-2 pm** [on WebEx here](#)



Standing Against Racial Injustice: Commanding Our Voices

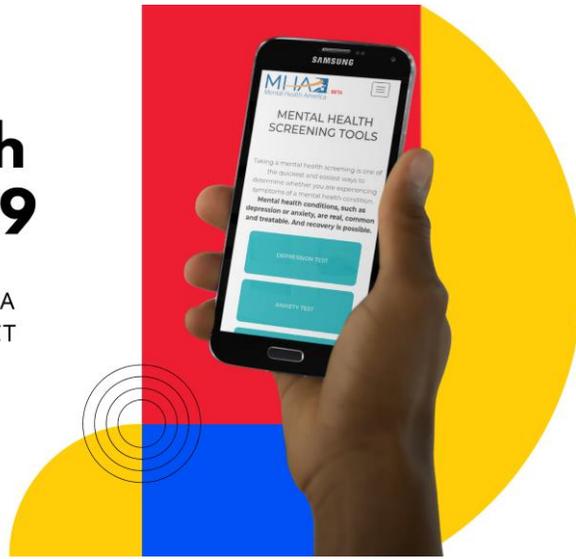
- Rose Robinson, Executive Director at CMD-IT, moderates a great panel discussion with Black professionals from industry:
- A video recording of the “Standing Against Racial Injustices” conversation series organized by the [Center for Minorities and People with Disabilities in IT \(CMD-IT\)](#) is [now available here](#).

Inclusive Excellence Workshops Spring 2021

- **Inclusion Advocacy in Support of Equitable Hiring Processes (OEEOA)**
 - Facilitators: Karla Phillips Randy Lytes
 - March 15, 9:30 AM – 11. [Click here to register](#)
- **Renewing our Commitment to Greater Cultural Competence at UC (OEEOA)**
 - Facilitators: Brandon Craig & Tracey Johnson
 - March 17, 9:30 AM - 11. [Click here to register](#)
- **Supportive Measures: How Can I Help? (OGEI)**
 - Facilitator: Ashely McWhorter
 - March 17, 3 PM – 4. [Register Here](#)
- **The Power of Resilience (OEI)**
 - Facilitator: Jane Sojka
 - March 18, 10 AM – 11:30. [Click here to register](#)
- **LGB, But Where's the T? An Exploration of Resources for Trans and Nonbinary UC Community Members (OEI)**
 - Facilitator: Alexa Justice & Matt Nguyen
 - March 25, 10 AM – 11:30. [Click here to register](#)
- **Introduction to the Office of Gender Equity & Inclusion (OGEI)**
 - Facilitator: Ashely McWhorter
 - April 1, 12 PM – 1. [Register Here](#)
- **New Title IX Regulations: What Are They? (OGEI)**
 - Facilitator: Ashely McWhorter
 - April 6, 2 PM – 3. [Register Here](#)
- **Supportive Measures: How Can I Help? (OGEI)**
 - Facilitator: Ashely McWhorter
 - April 12, 10 AM – 11. [Register Here](#)
- **Inclusion Advocacy in Support of Equitable Hiring Processes (OEEOA)**
 - Facilitators: Karla Phillips & Randy Lytes
 - April 15, 2 PM – 3:30. [Click here to register](#)

Mental Health And COVID-19

WHAT MHA SCREENING DATA
TELLS US ABOUT THE IMPACT
OF THE PANDEMIC



- [Mental Health America](#) released the [2020 full-year data](#) from the nation’s largest ongoing, real-time online [mental health screening program](#).
- “The data shed on bright light on what we have been reporting throughout the past year,” said Paul Gionfriddo, president and CEO of Mental Health America. “The mental health needs in the United States are reaching new highs – and public officials need to make the restoration of the mental health of our nation a top priority in 2021.”
- Nearly 2.5 million people took an online [mental health screening](#) in 2020, comprising the largest real-time database ever compiled from a mental health help-seeking population. This compares to the 1 million people who completed a screening in 2019. Read the full findings [here](#).

Crisis Resources

- If you or someone you know is in an emergency, call **911** immediately.
- [Faculty/Staff – Helping Students in Crisis Through CAPS](#)
- If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at **1-800-273 TALK (8255)**
- You can also text **NAMI to 741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line.
- [Know the Warning Signs and Risk Factors of Suicide](#)
- **Community Mental Health Services & Resources**
 - [BIPOC & Mental Health](#) – Resources, statistics, and general information by MHA
 - [CAPS](#) - CAPS is the University Counseling & Psychological Services for students. Call 513-556-0648 to schedule an initial consultation.
 - [Impact Solutions \(UC’s EAP\)](#) – Faculty and staff mental wellness services.
 - [Inclusive Therapists](#) – Inclusive Therapists offers a safer, simpler way to find a culturally responsive, social justice-oriented therapist.

- [NAMI](#) – the National Alliance on Mental Illness, the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.
- [Psychology Today](#) – Connect with a licensed mental health professional in your community.
- [Racial Trauma Resources](#) – A collection of information and campus and community resources for race-based stress and trauma.
- [Self-Help Tools](#) – Interactive tools and resources provided by Mental Health America.
- [Student Resources at CAPS](#) – Alternative resources to face-to-face counseling
- [Student Wellness Center Virtual Resources](#) – A collection of virtual resources, apps, websites, podcasts, articles and more to help you maintain your health and wellness.

Resources!!!

[March PSA](#)

[AACRC Newsletter](#)

[EPS Newsletter](#)

[Changing Times Newsletter](#)