



CECH Inclusive Excellence Weekly Update

Hate Crimes Against the Asian American Community

- The College of Education, Criminal Justice, Human Services, and Information Technology (CECH) is committed to eliminating systemic racism at the University of Cincinnati. CECH strives to provide a just, inclusive, equitable, and welcoming culture throughout the educational, social, and professional facets of the college. Across the programs in our college, we are committed to preparing our students to address real world challenges and to create positive social change. It is our responsibility from the moment students walk through our doors to provide an inclusive and equitable environment to learn, research, live, and thrive.
- On March 16th 2021, multiple tragedies occurred in Atlanta. We acknowledge that discrimination against Asian Americans and Pacific Islanders (AAPI) has a long history in the United States and these tragedies mark just the latest major incident of violence suffered by Asian American communities. According to a recent report, hate crimes targeting Asian Americans have surged over 150% in major cities in the last year, with nearly 3,800 reports since last March, and is disproportionately effecting women and nonbinary people. We stand in support with the members of the AAPI community and strive for social justice in our country.
- We received the written demands sent to members of the UC administration, from the United Asian Advocates. We thank the students for their courageous leadership and for calling our attention to their concerns. We hear you. We see you. While the list of requests has some items that are out of our jurisdiction, CECH recognizes that individuals and specific populations have needs that require direct intervention and unique action. Among our priorities, we will continue to invest in improvements and raise awareness of existing efforts that benefit the Asian student experience and fight racism on our campus as it negatively affects Asian students as well as students of all races and ethnicities. In fact, we strive to address all ways oppression manifests itself among groups who are on the margins. CECH is currently conducting college-wide discussions that will yield action priorities within the college from the results of our Climate Survey.

Upcoming Events

Campus Pride Month

April is Campus Pride Month, the time of year when we pay special focus to honoring LGBTQIA+ culture and inclusion on our campus. What's the Tea is a weekly discussion group, hosted by the LGBTQ Center, aimed at creating a safe space for queer conversations. [Register here](#) for the April 20th discussion at 4 PM. Below are some other resources to explore.

- [LGBTQ Undergrad Certificate](#)
- [UC Trainings and Presentations](#)
- [UC LGBTQ Center](#)
- [LGBTQ Faculty and Staff Association](#)
- [UC LGBTQ Resources](#)

Lavender Graduation Ceremony 2021

- Lavender Graduation is a time for the LGBTQ+ Community to come together to celebrate the accomplishments of graduating students. This year's celebration will occur on Thursday, April 22nd at 6:00PM in the Cinema in the Tangeman University Center and online. [The registration is open on CampusLink.](#)

Tyehimba Graduation Celebration 2021

- The Tyehimba graduation celebration will be held in Nippert Stadium on Friday, April 23 at 6 PM. In order to participate in Tyehimba 2021, you must be a Spring 2021 graduate. Spots are limited and guest will not be permitted. [Click here to register for Tyehimba](#) . The deadline for registration and payment is Friday April 16th.

Work and Volunteer Opportunities

UC Libraries Internship

- UC Libraries will be participating in a DEI program through OhioLINK (the OhioLINK Workforce Diversity Initiative...now known as OhioLINK Luminaries Program).
- This program is intended to help libraries recruit and retain a diverse and inclusive staff that mirrors its communities; to create workforce development that can attract support from communities, state, and local government; and most importantly, give training, mentorship, opportunities and support for the students and the mentors."
- Here is the [OhioLINK Luminaries Program Application](#)
- For questions, please email [Craig Person](#) or [Regina Bourne](#).

Ongoing Events

Diversity, Equity & Inclusion Board Meeting

- Here is the [March 2021 DEI Agenda](#) and [March 2021 DEI Agenda Notes](#) **CECH**

Graduate Student Support Groups

- CECH graduate peer support groups aim to create an inclusive community that supports each other's identities, mental well-being, and day-to-day lives through peer-facilitated

groups. Weekly group meetings are led by trained students to address and promote students' emotional and mental well-being in an accessible, confidential, and inclusive environment. Join us on **Tuesdays from 5-6 pm** [on WebEx here](#)



Free Children's Books

- The Ohio Governor's Imagination Library will send a free book in the mail every month to any child in Ohio under the age of five. Parents only need to enroll their child online at ohioimaginationlibrary.org. There are no income restrictions for participants.
- If you live in other states besides Ohio please visit [click here](#) to see if there is an Imagination Library affiliate near you!

Virtual Workshop Series

- The Love U Give is a virtual workshop series that will consist of three 90 minute live streamed sessions via Zoom. The mission of The Love U Give is to bridge and empower people and environments that support Black youth. Workshops will be interactive and will focus on the wellness of Black youth. [Register here for FREE!](#)
- Workshop Schedule:
 - **May 19th, 12 PM:** Medical Mistrust in the Black Community and Getting the Most Out of Your Medical Visits
 - **June 2nd, 12 PM:** Maintaining Healthy Relationships and Community Forum

Identity Theft Webinar from Sallie Mae

- During this session we'll share tips and recommendations on preventing identity theft and how to repair your identity and credit if it is stolen.
 - April 21, 8 PM [Register Now](#)

Inclusive Excellence Workshops Spring 2021

- **SAAM (Sexual Assault Awareness Month) is Nonbinary**
 - Facilitators: Alexa Justice and Rhyannon Baxter
 - April 27, 3-4 p.m., in WebEx. [Register Here](#)

Eviction Resources

- If you are facing eviction from an apartment or rented home, Hamilton County Job & Family Services can provide you with federal funding that will pay up to 12 months of past-due rent and utilities and pay for up to 3 future months. Applicants must be Hamilton County residents. Email hamil_caresfunding@jfs.ohio.gov or submit an application. Application and more information can be found [here](#).

Mental Health Matters

This week we share perspective on isolation, podcasts, books and more. Have you read, watched or witnessed something on mental health lately that resonated with you?

Your mental health matters – today, tomorrow, next month and *always!*

- **Creative Perspective**
 - [CCM Idea Lab: It's Good to See You Again](#)
- **Readings**
 - [The Fire Next Time](#) by James Baldwin
 - [Burnout](#) by Emily Nagoski
- **Podcasts**
 - [Mental Matters](#) – “A podcast for all things Black men, mental health and toxic masculinity”
 - [Dear Therapists](#) – “...be a fly-on-the-wall and listen to their personal, raw, transformative sessions, where they share behind-the-scenes insights, offer actionable advice, and bring people back to find out what worked (or didn’t)—and what we can all learn about ourselves through the lens of others.”
- **Blogs**
 - [How Employees Can Advocate For Better Workplace Mental Health](#)
 - [My Psychosis Worsens My Imposter Syndrome](#)
 - [Confronting Barriers And Systemic Racism To Address Mental Health Among Black Youth](#)
- **Quick Resources**
 - [CECH Mental Health Resource Guide](#)
 - [CAPS](#) – The University Counseling and Psychological Services for students. Call 513-556-0648 to schedule an initial consultation.
 - [Crisis](#) – If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
 - [Faculty/Staff](#) – Helping Students in Crisis Through CAPS
 - [Impact Solutions \(UC’s EAP\)](#) - Faculty and staff mental wellness resources and services.
 - [Inclusive Therapists](#) – Inclusive Therapists offers a safer, simpler way to find a culturally responsive, social justice-oriented therapist.
- **Crisis Resources**
 - If you or someone you know is in an emergency, call **911** immediately.

- [Faculty/Staff – Helping Students in Crisis Through CAPS](#)
- If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at **1-800-273 TALK (8255)**
- You can also text **NAMI to 741-741** to be connected to a free, trained crisis counselor on the Crisis Text Line.
- [Know the Warning Signs and Risk Factors of Suicide](#)

Resources!!!

[April PSA](#)

[AACRC Newsletter](#)

[EPS Newsletter](#)

[Changing Times Newsletter](#)