Enhancing your education at UC with volunteer experiences and involvement in health-related organizations can drastically increase the likelihood of landing the job you want after graduation!

Upcoming Events

SOPHE Internship Webinar
Tuesday, Oct. 21st, 1:30pm-3:30pm
TUC 425
Learn about making the most of your internship experience and get your internship questions answered by Dr. Bernard!

HPE Involvement Fair
Thursday, Oct 30th, 2pm-4pm
AACRC
Stop by to check out all the different ways you can become involved in the HPE program outside of class. Getting involved is a great way to find your passion, connect with your fellow students and faculty, and prepare for life after graduation.

Wellness Center Thirsty Thursday
Thursday, Oct. 30th, 10:30am-12:30pm
TUC Plaza
Stop by this tabling event to learn more about the BeWise Initiative and how to practice low risk drinking skills. To volunteer, contact Jess Lonzo at lonzojn@mail.uc.edu.

Great American Smokeout
Thursday, Nov. 20th, 11am-2pm
Throughout campus
Volunteer with ESG or simply stop by the tables on campus to learn about the hazards associated with tobacco, hookah, and e-cigarette use. Contact Erika Henry for more info: henryek@mail.uc.edu

Interning next Spring?
If you’re completing an internship next semester, now is the time to determine where you’re going to do it! Check out some of the great organizations at the Involvement Fair, or meet with Dr. Bernard to find the right internship site for you!

Alumni Spotlight: Amy Weber, PhD

Amy Weber grew up on the east side of Cincinnati in Felicity, Ohio. Amy completed her Bachelors of Science degree in psychology at Wilmington College in Wilmington, Ohio and her Master of Education in Community Counseling at Ohio University. Amy then completed her PhD at the University of Cincinnati in December 2013 in the field of Health Promotion and Education. Amy’s focus of study included factors that influence psychological, social, and emotional health culminating in her dissertation titled, *Examining the relationship between female breast cancer survivor’s diagnosis factors, perceived social support, internal control and quality of life.* During her educational career, Amy consistently worked in the preventive health field and on multiple community collaborations and agencies. Amy has assisted in their efforts to develop strategic plans and effective programming to address community health issues and priorities. Amy would like to continue her work in the area of examining and improving overall quality of life among individuals experiencing a cancer diagnosis. Amy continues to pursue research and evaluation opportunities in the following areas: development of social, emotional, and physical health among youth and adult women and the role of communities in improving multiple dimensions of health. Amy is currently employed as the Community Health Programs Manager for the Greater Cincinnati Affiliate of Susan G. Komen for the Cure® and oversees the affiliate’s funded community health programs, supports advocacy efforts, and contributes to furthering the mission of the affiliate.
Undergraduate Student Spotlight: Madison Farr

Madison Farr was born and raised in Cincinnati and is currently a senior in Health Promotion and Education with a focus in Public and Community Health. She always knew that she wanted to help people from a very young age, but like many students, she did not know about HPE at the beginning of her college career. Her years at UC have lead her through many journeys, going from nursing to athletic training, and then finally finding her home in HPE. Madison said that the program has helped her through a very difficult personal struggle, the passing of her grandmother this past January. Watching her grandmother fight stage 4 uterine cancer ignited a passion for helping other women like her. In March, Madison was approached with the opportunity to be a founding member of a cancer research foundation. One month later The Iris Foundation for Uterine Cancer Research and Awareness was established. The mission is to find a cure and raise awareness for uterine cancer. Since its inception in 1967, Eta Sigma Gamma has had a rich history of contributions to the field of health education.

Graduate Student Spotlight: Michelle Burbage

Michelle Burbage received her B.A. in psychology and a minor in biology from UC in 2012. After working on research projects with professors in the HPE program, she was motivated to complete the masters in Health Promotion & Education with a concentration in Community Health. After receiving her MS in August, Michelle began pursuing a PhD in Health Education. Over the past few years she has volunteered at the Ronald McDonald House using art activities to increase optimism and self-esteem among chronically ill children. She has also volunteered for a mobile mammogram outreach program that provided mammograms to women in underserved communities. In addition, Michelle assisted the UC Wellness Center with organizing a Health Hut in order to promote healthy behaviors aimed at college students. She also assisted Dr. Nabors with a research and service project that involved teaching children in various schools about healthy eating and exercise. While in the masters program Michelle was awarded the CECH Outstanding Student Award. Currently, she is a graduate assistant and teaches undergraduate health classes. Her research interests include substance abuse, mental health, and violence prevention and intervention. Her ultimate goal is to educate others on the importance of health and pursue a career in academia. In her free time, Michelle likes to paint, cook, and travel!