**Upcoming Events**

**LessThanUThink Beach Party**
Wednesday, March 26th, 11am-2pm
TUC Plaza
ESG is partnering with the Coalition for a Drug-Free Greater Cincinnati to bring the LessThanUThink campaign to UC’s campus. Join ESG as they kick off the campaign with a beach party!

**Eta Sigma Gamma Induction**
Monday, April 7th, 7pm
Annie Laws, 407 Teachers College
Each year Eta Sigma Gamma inducts new health promotion and education students into this professional honorary society. This year UC Eta Sigma Gamma will initiate more than 15 new Gammans to the Gamma Eta chapter!

**HPE Alumni Panel Discussion**
Monday, April 14th, 1:30-3pm
Annie Laws, 407 Teachers College
Not sure what you want to do with your degree? Come hear from our alumni to see where the degree has taken them! All HPE students are invited and encouraged to attend this great event.

**Spring Research Conference**
Friday, April 11th, Noon-3pm
5/3 Arena
The Annual Undergraduate Conference: Research, Scholarship & Creative Works is a university-wide event where UC undergraduates present any faculty mentored research, scholarly or creative project that they’ve worked on throughout the year.

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**Alumni Spotlight: Jayme Alexander**

Jayme Alexander attended the University of Cincinnati Health Promotion and Education program, earning her Bachelor’s Degree in 2010. She completed her undergraduate internship at Cincinnati Children’s Hospital Medical Center Employee Health, where she coordinated the annual health & wellness fair for employees. She worked at the Hatton Research Center at Good Samaritan Hospital on cytomegalovirus clinical research studies. She was then hired at Cincinnati Children’s Hospital Infectious Disease Research, where she worked on surveillance clinical research studies. Jayme returned to UC to earn her Master’s Degree in 2012, completing her internship at Planned Parenthood of South-west Ohio where she worked with staff to coordinate health education programs in the Greater Cincinnati area and distributed educational materials and resources throughout the community. Jayme currently works at Humana as a Community Health Educator, where she helps at-risk populations learn about their chronic health conditions and how to manage them better. In her free time, Jayme enjoys volunteering in the community and traveling.
Chad Edwards, originally from Harrison, Ohio, is pursuing a bachelor's degree in HPE with a focus on Exercise and Fitness. During his time at UC, he has grown a strong interest in international and community health efforts. Chad said the HPE program has opened his eyes to a lot of different career opportunities within the health field. He noted, “This program has given me so many opportunities to take what I have learned in the classroom and apply it to real life scenarios.” One of those opportunities involved assisting Dr. Nabors with a nutritional research project where he educated K-2nd graders on healthy eating & staying active. He also did a practicum with the Cincinnati Children’s Health-Works program. With this program he was able to gain experience doing personal training with an overweight adolescent population to help them reach their fitness goals. Chad also participated in HPE’s first study abroad program which allowed him to go to Belize and research multiple health disparities in an underdeveloped country over Spring Break of 2013. Currently Chad is completing an internship with the American Heart Association to promote cardiovascular health and stroke awareness. Chad said that as a survivor of CHD, this internship was the perfect fit for him.

Katherine Mastro is originally from Cleveland, Ohio and is now a Graduate Assistant and a Masters student in the HPE program, concentrating in Community Health. Katherine earned her BS in Kinesiology and Health from Miami University in May of 2013. Before coming to UC, she worked for the Miami University Office of Student Wellness as a Peer Health Educator. There she gained some of her first experience with health education program planning, implementation, and evaluation. Katherine has a broad range of experience ranging from working with young children to aging adults. She has volunteered at Cincinnati Children’s Hospital, where she worked with Healthworks! and helped put together a summer camp intervention for obese children between the ages 9 and 13. Katherine is currently involved with research at Mt. Washington Public School, helping with the Children’s Healthy Eating and Exercise (CHEE) obesity prevention program. She is also employed as a part-time wellness coach at Mercy Healthplex, where she runs programs such as the Wellness Discovery, Weight Loss Challenge, and Orientation to Fitness. After graduation, Katherine plans to attain her CHES and Personal Training certifications. She hopes to focus her career in chronic disease prevention and employee wellness in a corporate, hospital, or community setting. In her spare time, Katherine loves to travel, run various distance races with her boyfriend, and spend time with friends and family. Her goal is to be an active role model for her two younger siblings and to make an impact on the health and wellness of people that she encounters daily.